



### LUNCH

Served 12pm-3pm

Freshly toasted ciabattas bursting with delicious fillings.

#### Plant Ball Marinara & 491 kcal Plant-based meatballs coated in a rich tomato sauce, served in a toasted ciabatta with vegan cheese. 9.00

Lunch

Club

10.00\*

Cajun Chicken 684 kcal Spicy cajun chicken, mayonnaise, crispy lettuce, juicy tomato and melted cheese in a toasted ciabatta. 9.00

**BLT** 714 kcal Crispy bacon, lettuce and juicy tomato in a toasted ciabatta with mayonnaise. **9.00** 

Lincolnshire Sausage 611 kcal Lincolnshire sausages and sweet caramelised onions in a toasted ciabatta. **8.00** 

Tuna and Cucumber 744 kcal Tuna and cucumber in a toasted ciabatta with zesty lemon mayonnaise, lettuce and tomato. 9.00

Add chips 405 kcal for only 1.00

# STARTERS

Get your meal off to mouthwatering start.

Garlic and Rosemary Pizza 🚱 685 kcal 5.50

Garlic and Rosemary Pizza with Cheese 🕐 980 kcal 6.50

Fried Buttermilk Chicken Bites 481 kcal Tender chicken breast marinated in buttermilk, served with sticky chilli jam and sour cream. **8.00**  Whitebait 551 kcal Lightly-coated crispy fish accompanied by a zesty lemon mayonnaise. **7.00** 

**Potted Shrimp** 526 kcal A traditional British classic served with fresh brown bread. **8.00** 

**Vegetable Tempura** (2) 403 kcal Seasonal vegetables in a crispy tempura batter with sweet chilli dipping sauce. **7.00**  Ham Hock Terrine 434 kcal Layers of tender, coarsely chopped ham served with a spicy piccalilli and toasted ciabatta. **8.50** 

Homemade Scotch Egg 513 kcal Coated with breadcrumbs and deep-fried until golden, served with a curried mayonnaise. **7.00** 

### MAINS

Delicious dishes that have something for everyone.

### Vegetable Risotto & 513 kcal Creamy risotto with vegan cheese, basil, garlic pesto and chargrilled seasonal vegetables. 13.00

**Fish and Chips** 1001 kcal Hand-battered fish and chunky chips, served with peas and tartare sauce. A classic! **14.50** 

#### Cajun Chicken Linguine 1011 kcal Linguine tossed with spicy shredded chicken, mushrooms, spinach, chilli and cream. **14.50**

**Crab Linguine** 823 kcal Created by Jeanel Drummy, our Chef of the Year 2022. Linguine tossed with white crab meat, a kick of chilli, tomato, zesty lemon and parsley: **16.50** 

Pan-fried Sea Bass 521 kcalPan-fried sea bass served with baby newpotatoes, seasonal vegetables and a spicytomato sauce. 16.50

### Homemade Pie of the Day

Ask your server about today's delicious pie, served with potatoes, seasonal vegetables and gravy. **13.00** 

### The Garden Burger 😯 879 kcal

Our vegan burger is packed full of goodness and made from plant-based protein, beetroot and coconut oil. Served on a vegan bun with vegan cheese, lettuce, beef tomato, salad and chips. **13.50** 

# GRILL

Straight from the grill to your table, bursting with chargrilled flavours.

### Red Tractor prime 80z sirloin steak, grilled the way you like it, and served with chunky chips, roasted tomato and flat mushrooms. **19.50** Add béarnaise sauce 166 kcal **3.00** Add peppercorn sauce 171 kcal **3.00**

**1002 Ribeye Steak** 1104 kcal Red Tractor ribeye steak grilled to perfection, and served with garlic butter, chunky chips, grilled tomato and mushroom. **23.50** Add béarnaise sauce 166 kcal **3.00** Add peppercorn sauce 171 kcal **3.00** 

One to share! Red Tractor tomahawk steak served with triple-cooked chips, grilled tomato, mushroom and a béarnaise sauce. Allow 30 minutes cooking time for medium. **58.20**  **Chargrilled Salmon** 720 kcal Chargrilled salmon served with new potatoes and lemon and herb hollandaise sauce. **16.50** 

**Grilled Chicken** 1045 kcal Chargrilled chicken with lemon and thyme gravy, garlic fries and aioli. **14.00** 

**House Burger** 1119 kcal A juicy, 100% British beef burger served in a tasty brioche bun with crispy lettuce, sliced beef tomato and burger sauce, served with chips. **13.00** 

Ultimate Bacon Cheeseburger 1427 kcal Chargrilled beef burger topped with melted Cheddar cheese, crispy bacon, caramelised onions, crispy lettuce, beef tomato and burger sauce, served with chips. **14.00** 

# SIDES

Chunky Chips 🐼 404 kcal 3.50

**Onion Rings ()** 382 kcal **3.50** 

Garlic Bread 🔞 685 kcal 5.50

Millionaire Fries 🕐 684 kcal With truffle oil, Italian cheese and garlic mayo. **7.00** 

Side Salad 🐼 49 kcal 4.00

Rocket, Tomato and Mozzarella 🕐 313 keal 6.00

**Creamy Mashed Potato** (2) 499 kcal **4.00** 

Tenderstem Broccoli 🐼 128 kcal With lemon butter and chilli. 4.50



### PIZZAS

A choice of hand-stretched pizzas smothered in a delicious fresh tomato base and covered with a choice of tasty toppings.

Margherita 🕐 1080 kcal Mozzarella and fresh basil. **13.00** 

Pepperoni 1210 kcal Spiced pepperoni and mozzarella. **14.50** 

Spicy Vegetarian 🚱 963 kcal Chilli and garlic roasted vegetables, red chillies and jalapeños with vegan cheese. **14.00** 

Prosciutto and Mushroom 1137 kcal Roasted mushrooms, prosciutto and mozzarella. **15.00** 

King Prawn and Chilli 1212 kcal King prawns, red chillies and mozzarella. **16.50** 

### SALADS

Our fresh salads are the perfect choice for someone who wants a lighter bite, fancies being good for the day - or is just leaving room for dessert!

### Caesar Salad 🕐 714 kcal

Crispy little gem lettuce, tomato and rustic garlic croutons, drizzled in a delicious Caesar dressing and topped with Italian cheese shavings and anchovies. **9.50** Add sliced chicken breast 259 kcal **3.00** Add poached salmon 168 kcal **4.00** 

### The Soul Bowl 😯 401 kcal

A colourful bowl of mixed beans, Tenderstem broccoli, roasted vegetables, giant cous cous and fresh spinach, with a basil and lemon dressing. **9.50** *Add sliced chicken breast 259 kcal* **3.00** *Add poached salmon 168 kcal* **4.00** 

If you have a food allergy, intolerance or coeliac disease, please speak to a team member about the ingredients in your food and drink before you order. Thank you.

# DESSERTS

Sweet treats and naughty dishes which make the perfect finish to every meal.

#### **Chocolate Brownie**

Sundae () 760 kcal Warm brownie squares layered with chocolate ganache, ice cream and whipped cream. 7.00

#### Strawberry Sundae 🕐 532 kcal

Layers of vanilla ice cream, fresh strawberries, whipped cream, crunchy meringue and strawberry sauce. **7.50** 

### White Chocolate and Lemon Parfait 🕐 394 kcal

Sweet and tangy parfait served with raspberry coulis and fresh raspberries. **7.50** 

#### Apple and Cinnamon Waffle 🕐 883 kcal

Warm Belgian waffle topped with an apple and cinnamon compote, vanilla ice cream and salted caramel sauce. **7.00**  **Vanilla Cheesecake V** 517 kcal An all-time favourite, served with freshly whipped cream. **7.50** 

Mango Cheesecake 🐼 397 kcal An indulgent treat, served with zingy mango sorbet. **8.00** 

**Crème Brûlée V** 416 kcal The crunchy, creamy classic, served with shortbread biscuits. **7.00** 

### 🕐 Suitable for vegetarians 🔞 Suitable for vegans

\*Dishes from lunch section only. Small Pepsi Max, Diet Pepsi, lemonade and soda only. Calories shown are per serving. Each dish is one serving unless otherwise stated. Adults need around 2000 kcal a day. Allergen menus are available on request. Please inform your server of any allergies or intolerances before you order. Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens. All menu items may contain ingredients not listed in the menu description. Weights are approximate and uncooked. Some meat/fish dishes may contain small bones. Menu items are subject to availability. All prices include VAT. All card and cash tips are shared out to all employees through a system controlled by a team representative. No monies are deducted by Away Resorts. Tips are paid on top of a team member's wage. If you have any queries about how tips are distributed, please ask.



Red Tractor is an independent not-for-profit food and farm assurance scheme ensuring the food you choose is safe, traceable and farmed with care. By choosing food with the Red Tractor logo you can be sure that it has been produced in the UK to world-leading standards and is traceable back to farms. For more information, please go to redtractor.org.uk.

