



Lochside Spa

AT PIPERDAM

TREATMENTS

Facial Treatments

ELEMIS EXPERT TOUCH FACIAL

A personalised facial tailored to your skin's unique needs. Whether your skin is dry, sensitive, oily, or lacking radiance, this expert treatment uses targeted Elemis products to restore balance and vitality. Deeply cleansing, nourishing, and hydrating, this facial leaves your complexion refreshed, smooth, and beautifully revitalised.

30mins £40 | 60mins £70

ELEMIS EXPERT TOUCH NOURISH FACIAL

Ideal for dry, depleted, or delicate skin, our Nourish Facial delivers a surge of intense hydration. Using nutrient-rich oils and a deep triple-cleanse, this comforting treatment rebalances and restores the skin's natural barrier. Skin is left feeling soothed, replenished, and visibly renewed with a healthy, luminous glow.

25mins £40 | 50mins £70

ELEMIS EXPERT TOUCH RENEW FACIAL

Rediscover your skin's vitality with our signature Renew Facial. Tailored to boost hydration and elasticity, this hands-on treatment combines high-performance active ingredients with expertly applied massage techniques to visibly firm the skin and smooth fine lines.

25mins £40 | 50mins £70

ELEMIS TOUCH DEFINE FACIAL

Elevate your skincare experience with our 75-minute Define Facial - a results-driven treatment designed to contour, lift, and energise the skin. This advanced facial combines intelligent skincare with expert massage techniques to visibly firm and enhance facial definition, restoring a youthful glow.

30mins £40 | 75mins £80

ELEMIS EXPERT TOUCH REVEAL FACIAL

Elevate your skincare. Resurface, Smooth & Glow. Powered by our patented Tri-Enzyme technology this facial helps to minimize the look of pores and uneven skin texture, revealing skin that looks visibly resurfaced, smoothed and glowing.

50mins £70

LED LIGHT MASK ADD-ON

For just £10, enjoy a session under a state-of-the-art LED mask designed to target a range of skin concerns. Red light helps boost collagen and reduce fine lines, while blue light calms inflammation and combats blemishes. This relaxing, non-invasive treatment enhances your facial results, leaving your skin refreshed, radiant, and visibly revitalised. *Please note: This is an add-on to your facial and does not extend the treatment time.*

10mins £10

Dermalogica

Treatments

dermalogica

Give your skin the care it deserves with Dermalogica at Lochside Spa. Whether you're after a deep cleanse, a healthy glow, or just a little "me time", our spa team has you covered.

Contact the Spa today to find your perfect treatment.



Massage Treatments

DEEP TISSUE MASSAGE

Alleviate stress, ease aching muscles, and revive your senses with this powerful full-body massage. Dynamic blends of essential oils are used to target tension and release deep-seated muscle discomfort, leaving you feeling restored, relaxed, and rebalanced.

Back, Neck & Shoulders - 25mins £50

Full Body - 50mins £70

Extended Full Body - 75mins £110

SWEDISH MASSAGE

A traditional massage using an unscented oil and a light to medium pressure to promote relaxation and ease muscles tension. No two people are the same so your therapist will tailor your treatment to make sure your specific needs are met.

Back, Neck & Shoulder - 25mins £45

Full Body - 50mins £65

Extended Full Body - 75mins £75

ELEMIS PEACEFUL PREGNANCY MASSAGE

This tranquil and restorative massage deeply hydrates the skin as it stretches to accommodate your growing baby. Performed in a side-lying position to ensure comfort and safety, the treatment begins with a soothing massage targeting the back and legs to relieve tension and promote circulation. You will then transition to lying on your back, supported with pillows, for a calming face, arm, and scalp massage using specially selected, pregnancy-safe aromatics. The experience promotes overall wellbeing and relaxation. At the end of the treatment, you'll be given extra time to get up slowly and in your own time, ensuring a gentle return to the rest of your day. You'll leave feeling nurtured, calm, and completely restored.

60mins £80

BAMBOO MASSAGE

Bamboo massage delivers a deeper, firmer, calming treatment that can help relieve arthritic pain—especially in the neck and shoulders—while promoting circulation to enhance the flow of oxygen- and nutrient-rich blood for healing. It also supports nervous system function and sensory perception, improves sleep quality and eases insomnia, stimulates cellular activity to repair and nourish the skin, increases joint and muscle flexibility, and may aid weight loss by helping break down fat cells. Not suitable for those with an extremely slim frame.

Back, Neck and Shoulders - 25mins £50

Full Body - 50mins £70

HIMALAYAN SALT STONE MASSAGE

Himalayan salt stones—rich in up to 84 trace minerals like calcium, potassium, and magnesium—are believed to release negative ions when warmed, helping neutralise positive ions linked to stress and pollution and creating a calming, uplifting environment. During massage, their heat can boost circulation, easing pain and inflammation and supporting recovery, while the pressure and warmth may reduce stress and anxiety and lift mood. Many people also report better, more restorative sleep after sessions, and the stones' subtle texture offers gentle, natural exfoliation. Owing to their mineral content and antimicrobial properties, they may also help relieve symptoms of chronic skin or pain conditions such as eczema, psoriasis, and fibromyalgia.

Back, Neck & Shoulders - 25mins £50

Full Body - 50mins £70

Extended Full Body - 75mins £110

INDIAN HEAD MASSAGE

Helps relieve stress and tension with a combination of Eastern and Western massage techniques. This calming treatment focuses on the shoulders, head, and upper chest to release built-up pressure, improve circulation, and promote deep relaxation.

40mins £50 | With Facial, 50mins £70

HOT STONE MASSAGE

Release tension and melt away stress with our Hot Stone Massage. Warm, smooth stones are strategically placed on your body, while expert pressure techniques ease tight muscles and promote deep relaxation. This soothing treatment helps improve circulation, reduce muscle tension, and leave you feeling balanced and rejuvenated.

Back - 25mins £50

Full Body - 50mins £70



Body Therapy

ELEMIS FRANGIPANI WRAP

Indulge in the ultimate relaxation experience with this luxurious body wrap, enriched with exotic frangipani flowers and nourishing oils. Skin is deeply hydrated and softened while you're cocooned in a warm, aromatic wrap. Complemented by a calming face and scalp massage, this restorative ritual leaves you feeling renewed, glowing, and utterly relaxed.

45mins £70

POWER TRIO

Lochside's most popular treatment. An infusion of ELEMIS Back, Neck & Shoulder Massage, Calming Facial and Scalp Massage.

50mins £70

SWEDISH BACK MASSAGE & ELEMIS TASTER FACIAL

Unwind and de-stress with this blissful combination of a back, neck, and shoulder massage followed by a nourishing ELEMIS mini facial. A soothing, medium-pressure Swedish massage helps to release tension and improve circulation, while the facial includes cleansing and exfoliation to refresh and revitalise the skin. Leave feeling recharged, relaxed, and completely refreshed.

50mins £70

Waxing & Tinting

CHIN WAX

15mins £12

Remove unwanted hair from the lip area for a smooth and flawless finish.

EYEBROW COMBO

25mins £25

Includes brow wax and brow tint for the perfect frame for your face.

EYEBROW TINT

15mins £13

Enhance your natural brow colour and definition for a fuller, more polished look.

EYEBROW WAX

15mins £13

Shape and define your brows with precision for a polished and natural look.

EYELASH TINT

25mins £17

Darken and define your lashes for a fuller, more dramatic look that lasts.

LASH & BROW COMBO

25mins £40

This ultimate combo includes a brow wax, brow tint, and eyelash tint, giving you perfectly defined eyes with minimal upkeep.

LIP & CHIN WAX

20mins £20

Remove unwanted hair from the lip & chin area for a smooth and flawless finish.

LIP WAX

15mins £12

Remove unwanted hair from the lip area for a smooth and flawless finish.



To book your appointment, pop in or call 01382 585020
or email piperdamguestservices@awayresorts.co.uk

Terms & Conditions : 18 Years & Over - Adults only spa.
Prepayment must be taken to secure your appointment.

Please be aware that we operate a 48 hour cancellation policy in our spa.
Treatments cancelled within this period will not be refunded.



Lochside Spa, Piperdam Leisure Resort, Fowlis, Dundee, Angus, Scotland DD2 5LP
01382 585 000 | piperdamguestservices@awayresorts.co.uk | awayresorts.co.uk